August 12, 1982

To: All Entrants

Re: Wasatch Front Endurance Run

Dear Runner:

There has been a slight change to this year's Wasatch Front Endurance Run Course due to overgrowth of trail in one small section.

We will be eliminating the 1.2 miles of running on the paved road at the start of the course and adding this amount near the 51.1 mile point.

On page two of your directions scratch the following:

At 51.1 miles you must leave the main trail again. Another stream comes from the east and joins the creek you have been following. ... At this point you'll probably be able to see Lambs Canyon Checkpoint. When the road turns paved you've gone 52.8 miles you are near the mouth of Lambs Canyon.

Now add the following: Continue straight on the footpath which gets better the further you go for about 1½ miles. You will come to a paved T-road, which is Route 65, the east canyon road you were previously on. Turn left and follow this paved road for about 100 yards past an equipment shed on your left and turn left again on the first paved road. You need to turn before the freeway. There is a sign on that road that reads "George Washington Park Golf Course." Follow this road uphill past the golf course for about 1½ miles and it will turn to dirt and gravel. Stay on it. Don't go down to Washington Park. After about ½ mile the dirt road ends. You are parallel to the freeway, which is on your right. Climb up the side hill about 25 feet and walk along the side of the freeway on the outsi de of the rail for about 300

yards until you get to Lambs Canyon checkpoint at 52.8 miles. Don't cross the freeway! There is an underpass by Lambs Canyon checkpoint, which you can go under.

This change will make the course easier to follow, eliminating a small section of bushwacking.

I look forward to seeing you at this year's run.

Sincerely,

STEVEN A. BAUGH

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P.S. Note the changes on the enclosed mar.

To make things easier, when compass readings are given no magnetic North declination is considered. Just point the needle on North and take the appropriate degree reading. Your maps have approximately a $15\frac{1}{2}$ degree declination when you read magnetic North.

Beginning 1.2 miles South on Mountain Road (Highway 89) from the cream colored building, follow the road North to the entry road of that building. After entering this area, turn right (south) up the private driveway which will shortly turn East. After 100 yards, turn right again on a worse rocky road. Follow it another 100 yards approximately until you come to a better dirt road heading in a Southern direction (right). After about 100 more yards the trail starts up to your left. At 5.4 miles there is a water hole called Cool Springs. There is a rubber hose sticking out of the mountain providing good cold water. Watch out for a black bull roaming this area. (He doesn't have horns) Take a compass reading in front of the water hose. At about 200 degrees you can see a trail zig-zagging up to the ridge. That is not the correct trail. At about 150 degrees you can see a steep bowl to the ridge. is the correct way. Follow the trail from cool springs until you come to a small deer hunter cabin, but keep your sight on the bowl because the trail becomes faint and you need to continue toward it. This is not difficult to do. Once you begin climbing up the bowl, stay to the left center away from the rocks on the right so you won't loosen any rocks and cause them to roll on the runners behind you. At 6.2 miles you reach the ridge, Follow it as it winds south. You'll notice during the next 3.5 miles the trail fades in and out but you can't get lost. Just stay on the ridge and you'll be ok. The view is spectacular looking over Antelope Island and The Great Salt Lake to the west and Morgan Valley and The High Uintah Mountains to the east. At 7.2 miles, you are at the highest point in the first 50 miles elevation 9707 feet. There is a rock pile there marking it. To the South is a good view of Francis Peak Radar Towers, which you'll later be going behind. At 10.0 miles you reach the dirt road. Follow it south. At 10.7 miles is a sign that says "Baer Creek" and "North Fork Line Creek." This sign faces the opposite way. The first check point is here, Follow the dirt road behind the radar towers and down until you come to a green metal maintenance shed at 15.2 miles. Go to the East side of the parking lot about 30 feet from the edge. There is a trail running north. Before you take this trail be sure you have matches and a flashlight as the next time you see a check point will be about 20 miles from here. In each previous race there have been runners that didn't make it before dark. At 15.7 miles the trail splits. Go to the right heading Southeast. Within a mile you'll come to some ponds. Try to cross over to the North side of the ponds rather than the South as soon as possible. Continue to follow the small creek for about ½ mile to a mile. The creek will soon go to your right, in a southern direction, down a steep walled canyon (Deep Creek Canyon). Don't follow it! The trail comes to a balding dry sagebrush covered hill, starts up the hill, and just disappears. We will have this area marked well. You need to start up the hill then go to your left (north) to get to a small canyon on the other side of the hill. Once you are on top of the hill or ridge, there is a trail going down the canyon. This is a good trail to follow until you finally reach a dirt road at 19.5 miles. Turn left and follow this winding road until it splits. Take the road going right. Within the next 200 to 300 yards the valley opens up. Straight ahoad in a casterly direction you can see mohogany ridge which runs southeast. Look down the ridge and you will be able to see the Narrows. This is a steep rocky canyon at the end of Mohogany Ridge. Remember that you come out to a road just southwest of the narrows. This is shown on your small map. In the middle of this valley a small gulley or drainage runoff ditch crosses the road and heads down southeast parallel to the ridge. There is a small sheep trail running beside it. Follow this trail (turn right from the road). After 1/2 mile to a mile, the trail fades and you will be able to see a dirt road south to southwest from the gulley. Follow this road only briefly until it comes to an area where people have been camping. This road ends here. Just south of this camp is a small creek that may be dried up. You need to follow it east only for 25 to 75 yards where you will pick up the trail crossing the creek and heading south to southeast again. This trail îs not great, but you can follow it ok. It finally goes down into a canyon. Once you get to the small canyon turn left going down. Not right going up, There is a trail there. After about another 1/2 mile this trail runs into the main canyon next to Mahogany Ridge. Follow this trail that parallels a creek for another mile and you'll finally reach Hardscrabble Road near the Narrows at 23.5 miles. Congradulations! That is the hardest section of trail to follow on the entire 100 mile course.

Turn right on Hardscrabble road and follow as it winds to the south. This is a very pretty canyon that is on private land. We have permission to run on this property but handlers won't have access. After 26.6 miles, the road changes to trail and weaves through the canyon following the creek. The trail crosses the creek 19 times during the next 3 miles. Just before reaching the ridge the terrain opens up into a bowl. Follow the drainage heading to the low point in the ridge. At 31 miles you reach the ridge. Take a left and follow the trail on the ridge in an easterly direction. Caution, you only stay on this trail for 1/4 to 1/2 mile before turning south on another trail. Look for that trail going right. You'll be able to see Lookout Peak south of where you turn. Eventually this trail runs on the side of Lookout mountain in a south easterly direction. At about 35.5 miles you come to an old jeep trail that runs east and west. Turn left going east. Just over a mile further, you come to a picnic area. To get to the main picnic area of Affleck Park turn south when you come off the jeep trail. This will be at 36.4 miles and will be the 2nd checkpoint. Highway 65 heading to Big Mountain Pass is there. Go left on the paved road going up. This road switchbacks a couple of times and takes you to Big Mountain Pass by the microwave relay towers, elevation 7,420 feet at 40.5 miles. At the summit of Big Mountain Pass, there is a radio tower on the north side of the road and parking lot on the south side. The trail begins on the east side of the parking lot heading south. At about 41.3 miles, you pass a fallen down airway beacon. You may not notice it though, as it is to the east in some trees. At about 43 miles, you'll see the first yellow no trespassing sign. This is for property on the east side of the trail owned by Jeremy Ranch. Continue straight on the trail and you'll be alright. The highest point along this trail, Bald Mountain, is 7,869 feet elevation. This is a great view if it is still daylight. At 45.6 miles you come to another peak, elevation 7,544 feet. There is another yellow no trespassing sign. Take a compass reading in front of the sign. The main trail continues straight down a hill at about 140 degrees. This is the wrong way! You need to make a right turn which is about 250 degrees reading on the compass. This trail is not as good and it begins to descend after 20 or 30 yards. At about 48.4 miles you cross a grassy pipeline, which has a few orange markers on it. Keep following the trail you are on for another .2 miles until you come to a sheep trail (it is more like a dirt road) and some power Take a compass reading at this crossing. You need to take a left at about 80 degrees and follow the sheep trail which runs parallel to the power lines. At 49.8 miles, the sheep trail meets the pipeline at a spring. Here you must take a right which is about 200 to 220 degrees heading down a draw. At 50.5 miles an old wrecked bus or trolley car is on your left. - At 51.1 miles you must leave the main trail again. Another stream comes from the east and joins the creek you have been following. If you hear a louder river on your left, you've probably gone too far. Just before the eastern flowing stream joins, there is a small wooden bridge to your left at about 100 degrees compass reading. We'll keep this area well marked. Cross the bridge and follow this new stream east on the north side. Follow this stream for nearly 1/2 miles until you come to a beaver dam waterfall. There is a big dead tree laying across the path. 30 to 50 vards up the stream from this point is another contributing stream coming from the south. Cross the stream you've been following just above the beaver dam in a shallow area and begin following the contributing stream that comes from the south on the west side. We'll mark this area also. There are a couple of spots along this section of about 10 or 20 yards where the trail is covered with an overgrowth of trees and bushes so you'll need to bushwack but not for long. Finally you come to a cement pipe where the ground has been washed away heading southeast until you come to a road. Follow the road east and it will gradually turn south. At this point you'll probably be able to see Lambs Canyon Checkpoint. . When the road turns paved you've gone 52.8 miles you are near the mouth of Lambs Canyon. From the beginning of Lambs Canyon on the north side of the freeway overpass, follow the paved road about 1.8 miles. The trail starts to the right of the road crossing a foot bridge over the creek. If you follow the road too far, you'll come to some houses. (turn around) The trail head is at the 54.6 mile point. Follow the trail up which becomes quite steep near the top of the ridge. The ridge is at 56.3 miles. From the ridge don't take the trail going left and up. You must continue straight and down. At approximately 57.8 miles the Elbow Fork trail comes from the right. Stay left. At 58.1 miles you come to the Millcreek Canyon paved road. Take a left and follow the paved road up to Lower Big Water Trail Head

at 61,25 miles. There is a payed parking lot and a sign at the trail head. At 62,25 miles the trail splits. Go left. At 64.35 miles there is a sign saying go left to Dog Lake and Desolation Lake. Only a couple of hundred yards later you reach Dog Lake. Take the trail going left of Dog Lake. It will soon go down a hill. At 65.05 miles go left again heading toward Desolation Lake. This trail climbs up and you reach the lake at 66.85 miles. Remember that you need to get to the ridge that is running east of Desolation Lake. There is a trail running north of the lake that switchbacks up to the ridge. Once you reach the ridge follow it in a south to southeast direction. After a few miles you'll come to a road which passes by a radio transmitter. Keep following the road down off of Scotts Hill until you come to another dirt road at 72.25 miles. This is Scotts Pass. The left heads at about 60 degrees on your compass and the right at about 240 degrees. You need to go right which will take you to the Guardsman Pass Road. You come to the Guardsman Pass Road at 73 miles. Take a right and follow this road down. It becomes fully paved after about a mile and intersects the Big Cottonwood Canyon Road at about 74.8 miles. Turn left and follow up the canyon towards Brighton. At 75.15 miles the road splits. Take the right road as the left is one way coming from the opposite direction. At 75.6 miles you come to a sign saying Bright Ski Bowl. This is to the left of the ski patrol shack. Take the dirt road just to the left of the sign. The Brighton checkpoint is here. After about 100 yards there is a sign showing you where to find the trail. Follow the trail up. You reach Lake Mary at 76.7 miles. Continuing on another .3 miles you pass Lake Martha on your right. At 77,7 miles you are near Lake Catherine which will be on your left. At 77.75 miles you arrive at Catherine Pass. There is a sign there. Take a compass reading in front of the sign. Continue up the ridge south at 180 degrees. At 78.2 miles you are at the highest point of the 100 mile course at elevation 10,480 feet. You can see the other side down Dry Fork at a compass reading of between 140 degrees and 180 degrees. The trail starts down on the right side of a clump of trees heading at an angle of between 60 to 100 degrees reading on compass. This trail weaves back and forth through meadows and all but disappears in the meadows. It follows the drainage. At 79.85 miles you come to a jeep trail. Stay on this trail. It will run into another road at 81.95 miles. Take a left turn. At 82.45 miles there is a dirt road going to the right with a sign that reads Mineral Basin, Midway, Wasatch State Park. At 87.8 miles you come to Tibble Fork Reservoir check point. When you reach the paved road turn right; it goes up again. At 88.5 miles there is a dirt road going to the right with a sign that reads Silver Lake Flat. Don't take it; keep going straight. At 88.7 miles to your right is a sign that reads Lone Peak Hiking Trail. If you cross a bridge you've gone too far. Turn right and follow the trail up. At 89 miles you come to a dirt road. Cross the road and follow the trail briefly until you come to another sign that says Deer Creek Trail. Follow this trail. You'll soon come to an open area. The trail continues up at about 260 to 280 degrees compass reading. Shortly the trail splits again. Go right. A sign points to the correct direction. From here the trail switchbacks alot and becomes quite steep in some places. At 92.1 miles you reach the ridge. There is a sign that points to Alpine and a beautiful view of Box Elder Peak. It's all down hill from here. This is a nice trail to run on through meadows and thick forest. At 90.9 miles you come to the trail head sign and the dirt road. At 97,9 miles the semi-gravel road road splits. Go to the right. At 98.1 miles you come to a paved road. (Grove Street) Follow the paved road without deviation until you come to 200 North. Take a right and go two blocks to Main Street. Take a left and you are only a couple of blocks from Alpine City Park and the finish line. Congratulations! You have survived The Wasatch Front 100 Mile Endurance Run!